

How to Come Back When You Are Down

How to Come Back When You Are Down

Rob Blevins / What Every Christian Ought to Know / Psalm 51:1–19

Main Scripture Text: [Psalms 51:1-2](#)

Psalm 51:1–2 NASB95

¹ Be gracious to me, O God, according to Your lovingkindness; According to the greatness of Your compassion blot out my transgressions. ² Wash me thoroughly from my iniquity And cleanse me from my sin.

Not only was David a _____; David was a _____

I. The _____ of Sin in the Saint

1 John 1:8 NASB95

⁸ If we say that we have no sin, we are deceiving ourselves and the truth is not in us.

The Prize Fighter

II. The _____ of Sin in the Saint

A. Sin _____ the Soul

Psalm 51:2 NASB95

² Wash me thoroughly from my iniquity And cleanse me from my sin.

What is the difference between a Child of God and a Child of Satan?

The _____. The _____!

B. Sin _____ the Mind

Psalm 51:3 NASB95

³ For I know my transgressions, And my sin is ever before me.

Two Kinds of Wounds to the human psyche: One is _____, and the other is _____.

C. Sin _____ the Conscience

Psalm 51:4 NASB95

⁴ Against You, You only, I have sinned And done what is evil in Your sight, So that You are justified when You speak And blameless when You judge.

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David is not crying out against the _____ He's crying out against the _____.

D. Sin _____ the Heart

Psalm 51:12 NASB95

¹² Restore to me the joy of Your salvation And sustain me with a willing spirit.

The most miserable man on earth is not an unsaved man. But an unrepentant Believer!

The most miserable man on earth is a saved man out of fellowship with God.

The Joy Test

_____ is like a thermometer: it registers conditions. _____ is like a thermostat: it controls conditions.

E. Sin _____ the Body

Psalm 51:8 NASB95

⁸ Make me to hear joy and gladness, Let the bones which You have broken rejoice.

Did God put a hammerlock on David and break his bones?

F. Sin _____ the Spirit

Psalm 51:10 NASB95

¹⁰ Create in me a clean heart, O God, And renew a steadfast spirit within me.

G. Sin _____ the Lips

Psalm 51:12–15 NASB95

¹² Restore to me the joy of Your salvation And sustain me with a willing spirit. ¹³ *Then* I will teach transgressors Your ways, And sinners will be converted to You. ¹⁴ Deliver me from bloodguiltiness, O God, the God of my salvation; *Then* my tongue will joyfully sing of Your righteousness. ¹⁵ O Lord, open my lips, That my mouth may declare Your praise.

III. How Do You Come Back?

A. _____

Psalm 51:1 KJV 1900

¹ Have mercy upon me, O God, according to thy lovingkindness: According unto the multitude of thy tender mercies blot out my transgressions.

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B. _____

1 John 1:9 NASB95

⁹ If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

Psalm 51:3-4 NASB95

³ For I know my transgressions, And my sin is ever before me. ⁴ Against You, You only, I have sinned And done what is evil in Your sight, So that You are justified when You speak And blameless when You judge.

There's one thing that God will not accept for sin—and that is an _____. But a _____ means to agree with God.

C. _____

Psalm 51:7 NASB95

⁷ Purify me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow.

1. He _____ Sin Out: He Removes its _____
2. He _____ Sin: He Removes its _____
3. He _____ Us from Sin: He Removes its _____